



**James & Son Ltd**

**James and Son Limited**

**Occupational Health Policy**

**(January 2023)**

**Signed** ..... *[Signature]*  
**(Director)**

**Date** ..... 04/01/23

3a SOPWITH CRESCENT,  
WICKFORD BUSINESS PARK,  
WICKFORD, ESSEX.  
SS11 8YU

TEL; 01268 562116  
EMAIL; enquiries@jamesandson.co.uk  
WEB; www.jamesandson.co.uk





James and Son are committed to maintaining the health, safety and well-being of its employees. It is our policy to take a proactive approach to workplace well-being by ensuring the mechanisms are in place to prevent work related occupational health injuries and to promote good health amongst the workforce.

In particular, suitable arrangements will be made if necessary, upon request, using trained occupational nurses to address the following areas.

- Fitness for work assessments after return from absence due to injury or illness.
- Provision of health advice to employees.
- Provision of advice to management.
- Health Surveillance for employees exposed to work related health risks.

Adequate facilities and arrangements will be available to enable employees to raise concerns about occupational health matters.

Every worker must protect his or her own health and safety by working in compliance with the law and with safe work practices and procedures established by James and Son Ltd. Workers will receive information, training and competent supervision in their specific work tasks to protect their health and safety.

It is in the best interest of all parties to consider health and safety in every activity. Commitment to health and safety forms an integral part of this company.